Empowering the Chiropractic Assistant:

Strategies for Practice Success



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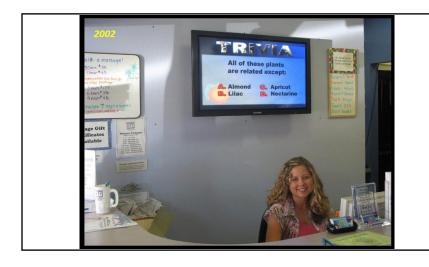
CASH PRACTICE

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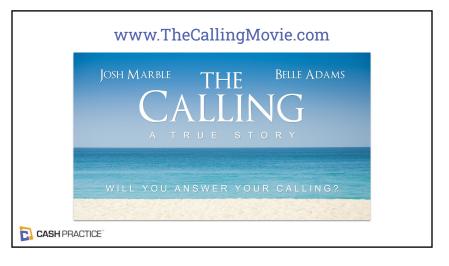


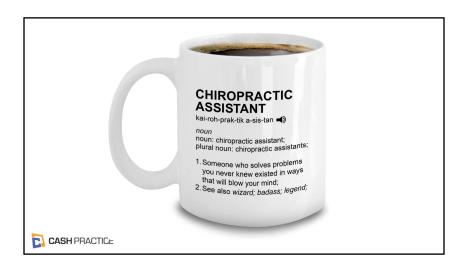












The Valuable Role of the CA

Interacting with and caring for patients is one of the most enjoyable experiences of working in a chiropractic office.

Not only do we get to witness the impact chiropractic care has on patient lives, but we also get to cheer them along their health journey while fostering meaningful connections.



The 7 Pillars of a Professional CA

- 1. Purpose Driven
- 2. Beliefs
- 3. Positive Attitude
- 4. Coachable
- 5. Work-Ethic
- 6. Communication
- 7. Systems-Oriented



The 7 Pillars of a Professional CA

Purpose Driven

Being purpose-driven at work means approaching your job with a clear sense of why it matters and how it contributes to something bigger than yourself. It's about finding meaning in your daily tasks and aligning your work with your personal values and goals.



The 7 Pillars of a Professional CA

Beliefs

Supporting beliefs in a chiropractic workplace refer to the shared values and philosophies that guide the practice's approach to patient care and overall operations.



The 7 Pillars of a Professional CA

Positive Attitude

Having a positive attitude in the workplace means approaching your work with optimism, enthusiasm, and a can-do spirit. It involves viewing challenges as opportunities for growth, maintaining a cheerful demeanor, and being supportive of your colleagues and patients.



The 7 Pillars of a Professional CA

Coachable

Being coachable in the workplace means being open to feedback, instruction, and guidance from others, such as managers, mentors, or colleagues. It involves a willingness to learn, grow, and improve your skills and performance.



The 7 Pillars of a Professional CA

Work-Ethic

Having a strong work ethic means approaching your job with dedication, diligence, and a commitment to excellence. It involves consistently putting in effort, taking responsibility for your tasks, and striving for high-quality results.



The 7 Pillars of a Professional CA

Communication

Having good communication skills in the workplace means effectively conveying your thoughts and ideas to others, while also actively listening to and understanding what others are saying. It involves both verbal and nonverbal communication, and it is essential for building strong relationships, resolving conflicts, and achieving goals.



The 7 Pillars of a Professional CA

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Systems refer to the **processes**, **routines**, and **habits** that individuals employ to consistently work towards their goals.

They provide a framework that ensures progress and productivity, enabling individuals to stay focused, motivated, and accountable.



- Systems create behaviors
- Behaviors become habits
- Habits drive outcomes

The 7 Pillars of a Professional CA

Systems-Oriented

Being systems-oriented in the workplace means approaching challenges and problem-solving with a holistic perspective, considering how different parts of a system interact and influence each other. It involves having systems and procedures in place that assists in business operations.



"You either have systems by intent or default.
Your systems are always a result of what you
have created or tolerated."

Craig Groeschel, Author & Pastor





There are 3 ways you can feel doing your job:

- 1. Satisfied
- 2. Engaged
- 3. Inspired



When you feel inspired, you're drawing from deep and lasting meaning from the work that you do.

You perform with purpose and passion.

It's not a job - it's a calling.







Some Causes of Job Stress

- Poor patient retention
- Awkward financial conversations
- Scheduling
- Lack of training
- Strained team relationships



Poor Patient Retention Challenges

- Always looking for new patients
- Constantly marketing
- Patients not getting full benefits of care
- More work for everyone



Poor Patient Retention Causes

- Pain went away
- Lack of follow-through
- Insurance is exhausted
- Time to pay again

Patient Retention Systems

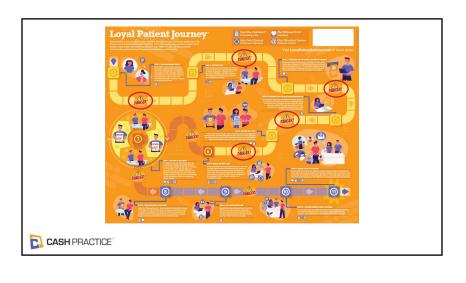
- 1. Frequent Contact
- 2. Feedback that's intuitive
- 3. Frictionless Payments
- 4. Forecasting Care

The Retention Principles

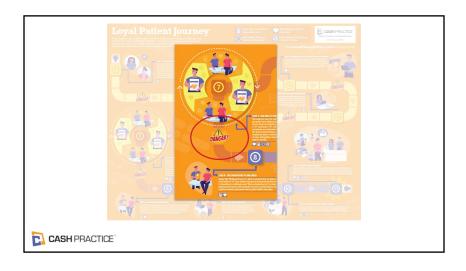
















How do we fix this?

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C

Systems!

Patient Retention Systems

- 1. Frequent Contact
- Feedback that's intuitive
- 3. Frictionless Payments
- 4. Forecasting Care

The Retention Principles





Your **Patient Compliance** is significantly impacted by 2 of the 4 F's.

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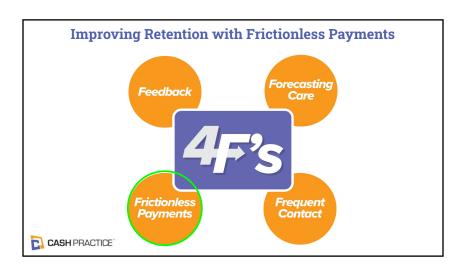
Your Patient Compliance is significantly impacted by Forecasting patient care and how Frictionless your office makes patient payments.





The only practices that grow like this month after month and year after year are those who continually convert new patients and more importantly retain them.



















Awkward Financial Conversations

- Fees
- Discounts
- Insurance
- Balance due
- Insurance paid differently than expected
- Poor understanding of financial policies



Collection Solution

Create a **frictionless payment** experience for all payments being collected.



For the past two years, we've had the pleasure of training with Holly Jensen, and it has greatly increased my certainty in my role as a CA. Before, I would go into financial appointments with a lot of nerves and fear that I wouldn't be able to answer the patient's questions.

Now, because of sessions with Holly, I have gained confidence in interacting with patients and can do financial appointments with ease. Our whole team is so thankful for the team at Cash Practice for their help and support in making us an A+ team. I would definitely recommend sessions with Holly to anyone looking to improve their patient interactions.



Faith, Chiropractic Assistant Courtley Chiropractic

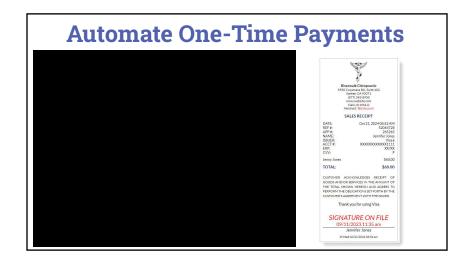


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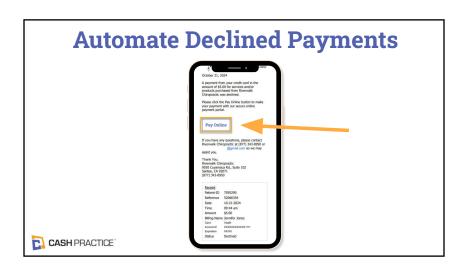
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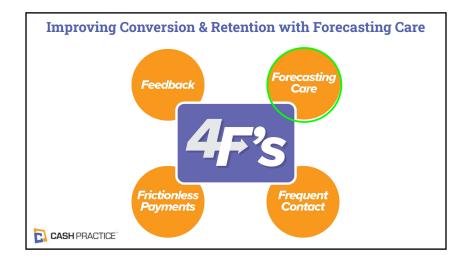


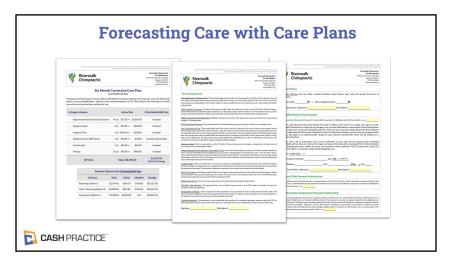


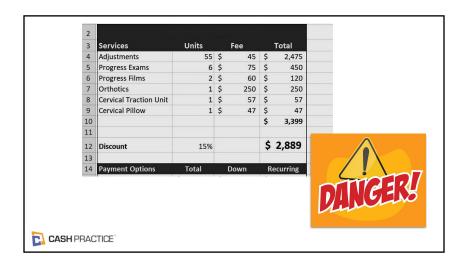


















Benefits of Care Plans

- Streamlines the flow at the front desk
- No confusion over patient finances
- More time to focus on patient care & education
- Better treatment plan compliance
- Better clinical outcomes
- Increased cash collections
- Increased patient retention (Loyal Patients!)
- Happier team & practice members





amazing at breaking down both the major mistakes that many of us were making but also the sneaky little issues that each of us individually were unaware we were doing.

Personally, my confidence and conviction in presenting financial plans and providing excellent customer service to our patients has grown exponentially. Also, from a purely business standpoint, our conversion rates for patients getting on plans increased almost immediately

Care Plans for Forecasting Time & Money

| Company | Com

Care Plans for Forecasting Time & Money

Care plans are a reflection of the patient's treatment plan.



Care Plans for Forecasting Time & Money

Care plans cover all the care the patient will need during the course of treatment.

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Care Plans for Forecasting Time & Money

Care plans include all services, including those covered and not covered by insurance.



Care Plans for Forecasting Time & Money

Care plans must be compliant to satisfy the Good Faith Estimate your legally required to provide per the Federal "No Surprises Act" of 2022.



Care Plans for Forecasting Time & Money

Care plans are not presented until the patient has agreed to your treatment plan.



Care Plans for Forecasting Time & Money

Care plans can be presented to the patient by either the doctor or assistant.

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Care Plans Require

- 1. Compliant Fee Schedules
- 2. Compliant Discounts (OIG)
- 3. Compliant Good Faith Estimate (NSA)
- 4. Compliant Collections

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Compliant Fee Schedules

- Your fee is your fee
- No such thing as "Cash Fees"
- You bill the SAME fee per code for all case types



Compliant Discounts

The only time we offer a discount is when it is:

- Required by mandate
- Documented hardship
- Contractual agreement
- Compliant prompt pay



Compliant Discounts (Mandated)

If you are covered by a State or Federal program with a mandated fee schedule. (Medicare, Medicaid, etc)

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Compliant Discounts (Hardship)

Patients who meet state and or federal poverty guidelines or other special circumstances outlined in our "Hardship Policy" may be offered a discount for a period of time as determined by the clinic. Verification will be required.



Compliant Discounts (Contractual Agreement)

- If we are a participating provider in your health plan.
- If you are a member of a Discount Medical Plan Organization you will be entitled to network discounts similar to our insured patients. Ask our staff for more information.



Compliant Discounts (Prompt Pay)

In 2009, the O.I.G. issued an opinion that discounts of 5% to 15% were "reasonable" for prompt pay discounts.

Anything over 15% is risky!



No Surprises Act (NSA)

The "No Surprises Act" is meant to prevent patients from getting a large bill as a "surprise" when they assumed the provider was in network and turned out to be out of network.

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Compliant Care Plans

- Have all services and fees clearly itemized.
- Applies compliant discounts to non-covered services only.
- Has a compliant Terms of Agreement, including how refunds are handled.
- Includes all Good Faith Estimate Disclaimers



No Surprises Act (NSA)

To accomplish this, the NSA states that patients must be made aware of:

- Cost of services
- Patient portion due



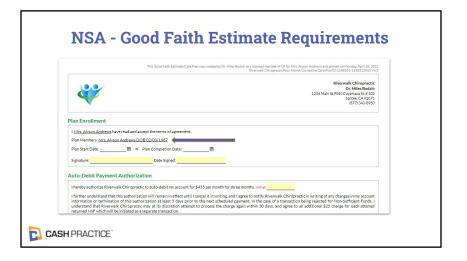
Does NSA affect Chiropractors?

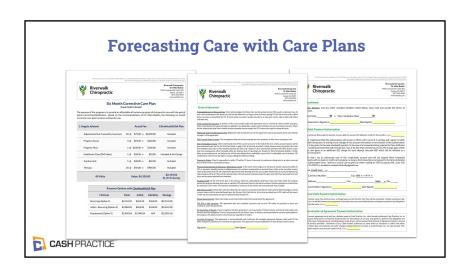
Simple answer is Yes! Whether the patient has insurance or not or is self-pay or not, does not matter.

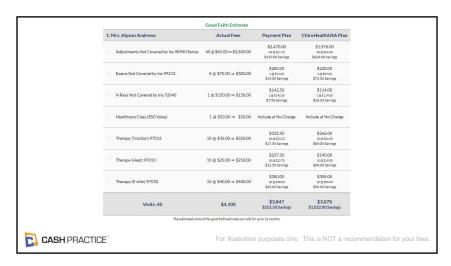




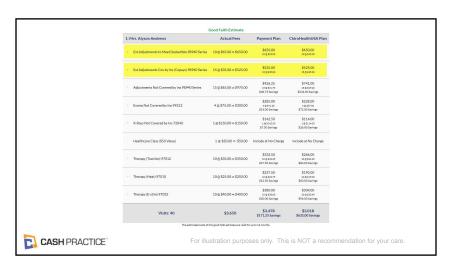












Offer Affordable Payment Options

| Payment Options with <u>ChiroHealthUSA Plan</u> | | | | |
|---|---------|---------|---------|------------|
| 1 Person | Total | Initial | Monthly | Savings |
| Recurring (Option 1) | \$3,018 | \$503 | \$503 | (\$632.00) |
| Initial + Recurring (Option 2) | \$2,925 | \$960 | \$393 | (\$724.15) |
| Prepayment (Option 3) | \$2,815 | \$2,815 | N/A | (\$834.67) |

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For illustration purposes only. This is NOT a recommendation for your care

Reviewing Care Plans with Patients

- Finances properly set up
 - Compliant discounts
 - All fees/deductibles/copays
 - o Single fee schedules
 - Written policy
- Great communication
 - Create clarity
 - No misunderstandings
 - Consistent answers for team members



Getting "Yes" To Care



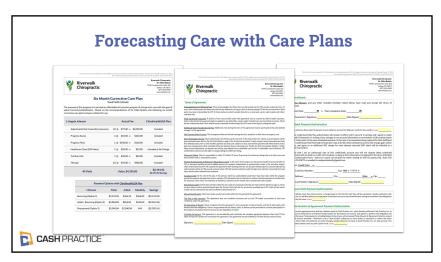
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Getting Permission to Talk Money



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Some Causes of Job Stress

- Poor patient retention
- Awkward financial conversations
- Scheduling
- Lack of training
- Strained team relationships



Scheduling Challenges

- Patients not on time
- Doc not on time
- Congestion at the front desk
 - o How are you handling these things?
- Do you have adjusting times versus special appt times?



Scheduling Systems

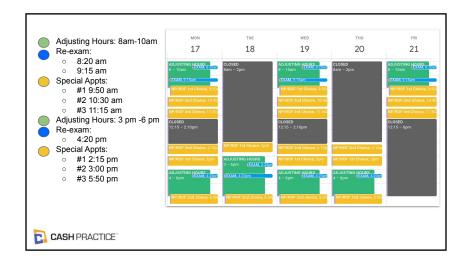
- Cluster book all appointments.
- Set aside special times for exams and new patient appointments.
- Schedule standing appointments.
- Call/text missed appointments after 15 minutes.
- Don't allow patients to cancel their appointment get them in or reschedule for the same week.
- Don't allow patients to leave without a future scheduled appointment.

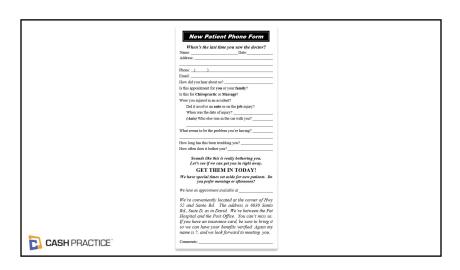
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Scheduling Systems

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Team Training Challenges

- Inconsistent training schedule
- Not enough time
- Lack of direction or leadership





Team Training Systems

- Weekly Training (Rotating Agenda)
 - Master the basics
 - Standard operating procedures
 - Compliance (HIPAA, PCI, Security)
 - Company Culture
- Document attendance & meeting notes



Is being on the same page important?



Team Training Systems

Patient calls to cancel appointment:

"I'm not authorized to change your treatment plan. May I place you on a brief hold and I'll ask the doctor? (Check your smile and return to the call.)

Mary, I spoke to the doctor and he said that it's important that you come in for your visit today or make it up on another day this week. We can keep you on the schedule for today or reschedule you for tomorrow at the same time. Which do you prefer?



Team Training Systems

Patient calls out sick:

"Mary, getting adjusted helps you feel better, faster. It's the most important time to get adjusted since it makes for a strong immune system.

We encourage you to keep your appointment. I'll let the doctor know you're not feeling well and we will get you taken care of when you come in at 2pm today."



Team Training Systems

Financial Policies

- Do you know what they are?
- Are they documented?
- How is it communicated to the patient?

"Mary, our financial policy is that your billing is securely stored on file and we will only charge your card based on your pre-authorized payment agreement when services are rendered and we're happy to email the receipts to you."



Team Relationship Challenges

- Lack of training
- Communication
- Unclear about job duties
- Lack of accountability
- Workplace atmosphere & company culture

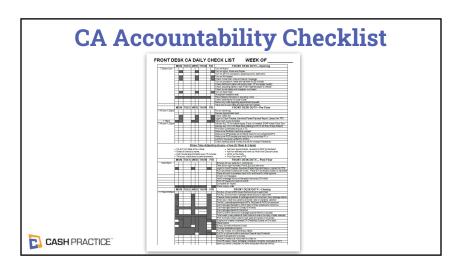


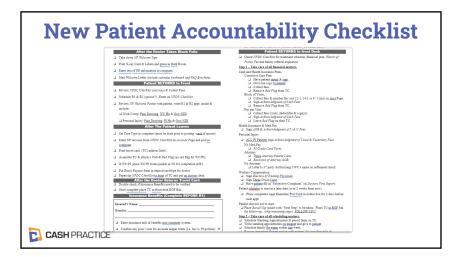


Team Relationship Systems

- Regular training
- Effective communication
 - What happens in the exam & ROF
 - Patient treatment plan
 - Job duties & accountability
- Clearly defined expectations of conduct







"Both successful & unsuccessful people often have the same goals. But they don't get the same results. Systems ultimately determines success, not goals alone. Goals without systems is just a dream."

James Clear, the author of the book Atomic Habits

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What is Company Culture?

Your company culture defines the environment you work in, inspires and motivates your team members.

People will gravitate towards it and want to be a part of its success.



Challenges of Poor Company Culture

Negative company culture is toxic, cold, leads to unhappy team members and unsatisfied patients.

Your company culture may include a variety of elements, including the beliefs, attitudes, behaviors, values, and goals of the organization.



Fostering Company Culture

Our core values drive the way we conduct business, how we serve our clients and how we function as a team.

These core values help us to define our company culture.



Fostering Company Culture

The most successful businesses create a culture that celebrates, promotes, and rewards people who make the people around them better.



Fostering Company Culture

Each of us will be rewarded based on our effectiveness in making the people around us better.



Fostering Company Culture

A top performer has the desire and ability to perform excellent work and, through their constant effort, elevates themselves and the people around them.



Fostering Company Culture

If the practice were a person:

- What impression would it give?
- Is it a consistent experience?
- Do people want to be there? (pts & staff)

What Are 3 Core Values of the Practice?

Would people talk about it?



Fostering Company Culture: Core Values

Team

- Loyalty
- Perseverance
- Innovation
- No Gossip
- Quality
- Optimism
- Quality
- Integrity
- Service
- Integrity
- Well-being
- Heart

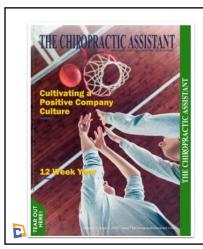
Knowing these core values guides us in everything we do as a company.



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Would the team operate better if everyone was on the same page?









Good morning, Holly. Something came on my heart this morning that I just wanted to share with you. It was probably a little over five years ago that I went to a CP seminar with you and Miles in San Diego that really changed my life: I encountered in-person, a quality of customer service and true client care that I honestly didn't know was possible from an organization that also provided high-quality, professionally delivered technical products.

This opened my eyes to the possibility of upping my own game both in professionalism as well as attention to what is most meaningful to my patients. Yes, it has helped quite a bit financially, but even more so in terms of my being so comfortable in my own skin that I can be that much more fully present and effective for my patients and my team. Please know that you and Miles have truly changed my life.





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