MCA Spring 2018 Conference

Committed to Chíropractic Excellence

# Spring Conference May 4-6, 2018 12 CES Available!



Register for your seminar by April 16 and receive the Early Bird Discount

Samoset Resort, Rockport, ME

For Reservations & For More Information



Room Reservations: Samoset Resort (207) 775-6161 www.samosetresort.com - Mention the MCA discount Seminar Registration: www.mainechiro.com

# Track One



Jay Greenstein, DC Saturday, 8:00a-12:00p The 21st Century Chiropractor: Experts Armed With Evidence

4 CEs • Sponsored by ChiroHealthUSA

Technology and data collection have advanced to the point that researchers have been able to gather reams of information that would have been impossible to collect even just a decade ago. It is more critical than ever before that chiropractors understand the advantages that clinical research offers, and have the ability to leverage that research to grown their practice. By unlocking the research and seamlessly integrating it into your clinical and marketing processes, you can become THE heathcare leader in your community!

The techniques you learn in this seminar will help you:

- · Improve compliance through patient education
- Fight insurance denials
- Drive more referrals
- Raise your profile in your community
- Make documentation more profitable.

National grad Dr. Jay S. Greenstein, in addition to maintaining his private practice as CEO of Sport and Spine Rehab and Sport and Spine Athletics, is the founder and President of the Sport and Spine Rehab Clinical Research Foundation. He also serves as Vice Chairman of the Council on Chiropractic Guidelines and Practice Parameters (CCGPP) and represents CCGPP as the current chair of the Chiropractic Summit, where he serves on the Government Relations Committee. He has been published extensively and presented numerous original research papers at scientific symposiums throughout the world. He has been the Official Team Chiropractor for the Washington Redskins Cheerleaders and the Maryland State Tae Kwon Do



#### Alan Sokoloff, DC Saturday, 1:30-5:30p Concussions: When in Doubt, Hold Them Out... But Why?

8 CEs • Sponsored by ChinaGel and Multi Radiance

Join noted sports chiropractic practitioner Dr. Alan Sokoloff for this in-depth look at concussion and TBI. Topics of discussion include risk factors, a physiological breakdown, signs and symptoms, diagnosing concussion, the SCAT3, case management, return to play considerations, and action steps for parents and coaches. Sponsored by China Gel and Multi Radiance

Palmer grad Dr. Alan K. Sokoloff is a Diplomat of the American Chiropractic Board of Sports Physicians who was their Chiropractor of the Year for 2006. He is a former two-term President of the Maryland Chiropractic Association who was named Maryland's Chiropractor of the Year for 2001-2002. He has been a member of the University of Maryland Sports Medicine Team since 1991. During his career he has been the team chiropractor for the Baltimore Ravens, Washington Nationals, and University of Maryland Terps. He is certified in Graston Technique and various myofascial release techniques.

Continuing Education With Nationally Recognized SpeakersFor YOU!



Beverly Harger, DC Sunday, 8:00-12:00p SportsMedicineRadiology:ACaseBased Approach 4 CEs • Sponsored by NCMIC

This presentation will focus on frequently missed, overlooked or misdiagnosed sport injuries involving the upper and lower extremities. These missed musculoskeletal injuries when not diagnosed early and managed appropriately may result in long-term pain and disability. The focus of this presentation will be on the importance of the clinician's role in reviewing the imaging studies and anticipating the most common missed conditions.

Utilizing case studies emphasis will be on proper imaging selection, common sources of error, ordering a radiographic study consistent with clinical suspicion, review of a targeted search pattern to improve diagnostic accuracy at the time of injury, preventing complications.

Dr. Harger is a chiropractic radiologist with more than 28 years of clinical experience. She graduated Magna Cum Laude from University of Western States (UWS) in 1987. In 1992, she completed her radiology residency at UWS and attained her diplomate status from the American Chiropractic Board of Radiology. She is a professor and director of the MS in diagnostic imaging. as well as the clinical radiologist for UWS. Dr. Harger holds memberships in the ACA Council on Diagnostic Imaging and the American Chiropractic College of Radiology. She was

Track 2 CA and DC



Bharon Hoag Saturday, 8:00a - 12:00p, 1:30-5:30p Free Your Mind and the Rest Will Follow 4 CEs • Sponsored by ChiroHealthUSA

When your focus is off, your clinic underperforms. And in today's hectic health care environment, it's increasingly easy for your focus to be off. This can happen for many reasons – fear, frustration, lack of drive and vision, etc. In this dynamic presentation, we will discuss all the things that can take your focus off of where it belongs – on your patients – and instead put it on paperwork and compliance. The chiropractic profession has done a wonderful job of scaring the joy right out of practice. This is not acceptable!

In Part 1, we will discuss the "must haves" of office compliance while removing the fear and confusion surrounding them. It is possible to keep your focus on your patients while knowing that you are doing everything that needs to be done.

In Part 2, you will learn how to better communicate with your patients. Your patients will be equipped and empowered to tell the story of chiropractic! Topics of discussion include the art of managing patients vs. just treating them, creating a cause bigger than you and your patient, changing the doctor-patient relationship, and creating a congruent message to get the word about chiropractic out to your community. Don't miss this incredible presentation!

Mr. Bharon Hoag is the Executive Director of OneChiropractic, a non-profit chiropractic advocacy organization. He has worked in the chiropractic profession for 20 years and taught for 18, developing his unique "non-doctor" approach through ownership and management of numerous clinics. His management and consulting experience, coupled with a strong background in psychology and communications, has made him a compelling speaker, addressing many major events and earning accolades as "the most entertaining but educational speaker in healthcare." Bharon also served as Executive Director of The Ohio State Chiropractic Association for six years.

# Track 2 CA and DC Classes

#### Mr. David Levinson - Therapeutic Modality Update

Sunday, 8:00 - 10:00a

2 CEs • Sponsored by Kessler Therapy Equipment

In this informative presentation, David Levinson will look at the use of e-stim, sound, and laser therapy in chiropractic practice. Topics of discussion include contraindications, laser physiology, and treatment protocols for such conditions as carpal tunnel syndrome, thoracic outlet syndrome and rotator cuff syndrome, plantar fasciitis, low back pain, neck pain, headaches, and motor vehicle accident injuries. This will be a hands on class.

David Levinson is a graduate of Boston University with a degree in Biological Sciences. He has been the Director of Sales for Kessler Therapy Equipment Inc. since 1995. David works with healthcare professionals to provide them with the most current and innovative tools to optimize their chiropractic services. He continually keeps up with the current research and best practices in the fields of physical rehabilitation and chiropractic medicine and trains healthcare professional in the optimal use of cutting edge equipment.

#### Mr. Rob Simopoulos - Cybersecurity: It Isn't a Project, It's a Posture

Sunday, 10:00a – 12:00p

2 CEs • Sponsored by Launch Security

Cybersecurity isn't just about technology, it's about understanding risks and your surroundings. It's about having the right policies and procedures. And, yes, it's about deploying technology—the right technology.

You don't establish good cybersecurity posture and all at once. It all starts with having the right mindset, one that focuses on multiple layers of security:

- Framework of policies, procedures and plans. Cyber Solid
- Culture of employee awareness and institutional knowledge. Cyber Smart
- Technology that goes beyond traditional antivirus and firewalls. Cyber Strong

It can be as simple as that. As soon as you can stop thinking about how to think about cybersecurity, you can start thinking about how you can put cybersecurity to work for your organization.

Rob Simopoulos is a co-founder of Launch Security, a local company focused on providing cybersecurity programs to small and midsize organizations here in Maine. Rob began his career in Toronto, Ontario as a founder of Sonitrol of South Central Ontario, a security provider to organizations nationally. After the sale of his first business, he and his family moved to the United States and settled in Maine. Rob has been in the Security industry for over 21 years, helping organizations large and small improve their security posture. Rob has received various accolades including Top 20 under 40 by Security System News and Top 40 under 40 by Commercial Integrator Magazine.

# Schedule at a glance

### MCA Spring 2018 Conference

Friday, May 4		
5:30 - 7:30p	<ul> <li>Various Speakers</li> </ul>	MCA Business Meeting
7:30 - 9:30p		Opening Reception
Saturday, May	5	
8:00a - 12:00p	Jay Greenstein, DC	The 21st Century Chiropractor: Experts Armed With Evidence (4 CEs)
8:00a - 12:00p	Bharon Hoag	Free Your Mind and the Rest Will Follow Part I (4 CEs)
1:30 - 5:30p	Alan Sokoloff, DC	Concussions: When in Doubt, Hold Them Out But Why? (4 CEs)
1:30 - 5:30p	Bharon Hoag	Free Your Mind and the Rest Will Follow Part II (4 CEs)
5:30 - 6:30p		Reception
Sunday, May 6		
8:00a - 12:00p	Beverly Harger, DC	Sports Medicine Radiology: A Case Based Approach (4 CEs)
8:00 - 10:00a	David Levinson	Therapeutic Modaility Update (2 CEs)
10:00a - 12:00p	Rob Simoupulos	Cyber Security: It isn't a Project, It's a Posture (2 CEs)

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<b>EARLY BIRD DISCOUNT REGIST</b> (Before April 16, 2018):	<b>FRATION</b>	<b>LATE REGISTRATION</b> (Begins April 17, 2018):	
Doctors of Chiropractic	\$450	Doctors of Chiropractic	\$500
w/MCA Membership Discount	\$250	w/MCA Membership Discount	\$325
Students	\$99	Students	\$129
Chiropractic Assistants	\$59	Chiropractic Assistants	\$59
w/MCA Membership Discount	\$29	w/MCA Membership Discount	\$29
Registration:			
Attendee Name:			
		e: Zip:	
MAIL REGISTRATION TO: Maine Chiropractic Association 58 Albert St., Lewiston, ME 04330	E-MAIL REGISTR mainechiroed@g		
PAYMENT OPTIONS: Please charge \$to 1	my Visa MasterCard	Debit Card Check (Payable to MCA): #	
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